



# NDMHA News

North Durham Minor Hockey Newsletter

## North Durham Players and Hockey Families,

There are still many unanswered questions regarding the coming hockey season. NDMHA has been working hard to develop a **return to play plan** based on the requirements provided to us by our sanctioning bodies and our Public Health Unit and local arenas.

We are hopeful that North Durham will be on the ice starting in September with a graduated return to play plan.

As we move closer to September, we hope to provide a more in-depth plan regarding all aspects of the hockey season regardless of age division or level of play.

Our current challenges are offering the sport of hockey while observing our new health guidelines such as maintaining social distancing and the number of people who are allowed to gather. There are new procedures that will need to be implemented such as separate entrances and exits to facilities, dressing room use, health screening, use of masks, spectators etc.

Currently the information we are receiving leads us to believe that the start of Representative hockey will be postponed until it is deemed safe to resume. We are looking into many options in order to get our members returning to the ice in a safe way to have them benefit from the physical and mental benefits that hockey has to offer.

At this point we are looking at using September as a player development platform while we work to enact additional return to play phases in the months after September.

Our September development program and return to play process will be communicated as soon as possible with more details and answers to the many questions our members have.

There will be a fee for the September Development program. The program will be subsidized by NDMHA and we will keep the cost per skate to a minimum level. Our hope is to have all age groups on the ice twice weekly for 50 minutes through the month with all current safety protocols in place as well as certified coaches on the ice following appropriate skill-based drills. We are also hopeful to offer additional specialised development programs on a fee per skate basis.

Please look for more details regarding our September Development programs registration, our return to play plan and the fees required for September Development coming soon. Always keep an eye on the North Durham website.

Moving on from there, we are looking at local programming with the hope of creating a Tiered Recreational House League to engage in both skill development and game situations. Our top tier would run similarly to our Rep program in terms of ice times and will be balanced by division with former rep players, while our regular house league would follow previous year formats.

In order to run any programming, we are relying on our amazing volunteers to support us and deliver the programs. If you can help, please answer the questionnaire when registering your player, or get in touch with us through the ND website!

We know there are many questions to be answered, we thank you for your patience and support. We are very hopeful to have the kids back on the ice in a safe and enjoyable way come September and we all can work together to make this happen.

See you at the Rink!!

North Durham Minor Hockey

## REGISTRATION NOW OPEN!

If you are interested in hockey programming for the 2020-2021 season with North Durham Minor Hockey, please register now to reserve your spot. There is no charge for registration at this time as we cannot collect fees until our plans are finalized!

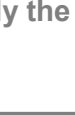
**To help us plan please do not wait to register!!!** We are working with both townships to plan for ice requirements and we will only be able to put the ice in if our numbers warrant running our programs.

**The first 250 registrations will receive a free NDMHA logo water bottle as gesture of Thanks!**



[CLICK HERE TO REGISTER FOR WARRIORS HOCKEY](#)

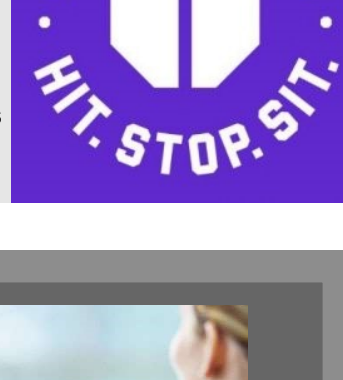
[CLICK HERE TO REGISTER FOR BLADES HOCKEY](#)



For Blades Registration, please make sure that the participant signs the participant signature lines and parents sign only the parent lines.

## ROWAN'S LAW

For the 2020-2021 season all Rowan's Law Forms for both Players and Coaches/Bench Staff will be completed online when you register. For Warriors it is a part of the Hockey Canada Registration and for Blades, it will be in the NEW Ramp Registration. For Coaches and Bench Staff, if you plan to help this year, please register yourself as a coach or bench staff and complete the online waivers during registration.



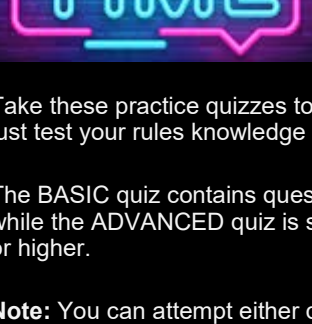
## ACTIVE WITH ADAM

– PRESENTED BY JUMPSTART

Hockey Canada's lead strength and conditioning coach shares tips and tricks to help players stay active at home and start preparations for next season.

Click the link to see a sample training week and videos

[Hockey Canada—Active with Adam](#)



**Ever wonder how well you would do as a referee? Want to brush up on your knowledge of the rules?**

Take these practice quizzes to prepare for your annual Membership Recertification Clinic, or to just test your rules knowledge throughout the season.

The BASIC quiz contains questions suitable for officials with less than five years experiences, while the ADVANCED quiz is suitable for officials who have 5+ years experience, or are Level 3 or higher.

**Note:** You can attempt either quiz no matter what your experience or HCOP Level. These quizzes are for practice and do not count towards any Referee certification. You can take the quiz without selecting a level or HCOP number.

**HOCKEY CANADA OFFICIATING PROGRAM PRACTICE QUIZZES**

## Referees & Timekeepers

### Referees

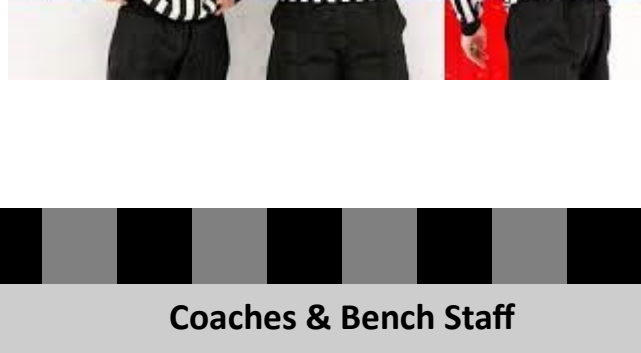
Officials perform a vital role in the game at all levels and are the third team on the ice, without whom the game would not happen. The Hockey Canada Officiating Program is for anyone interested in officiating the game of hockey, from beginners to seasoned veterans. If you are 14 years of age or older and are interested in becoming a referee for NDMHA, please complete the online form on the NDMHA website or [click here](#).

For returning officials, the following correspondence was sent regarding recertification: Due to the COVID-19 pandemic and the uncertainty of the exact start date of hockey, the Recertification email notification you would typically receive at this time has been delayed. Once a clear timeframe for the OHF Online Modules/Exam and the OMHA Recertification process is finalized and confirmed, you will receive another email with all the Recertification registration information.

### Timekeepers

A Timekeeper or "Off-Ice Official" is an individual who is responsible for operating the score clock and keeping record of a game's events by way of an official game sheet during a game. If you are interested in becoming a timekeeper for NDMHA and are 12 years of age or older, please complete the online form on the NDMHA website or [click here](#).

For new on and off-ice officials, there are currently no clinics running to become certified, but once the OMHA/OWHA confirm timelines for these, we will contact you.



## Coaches & Bench Staff

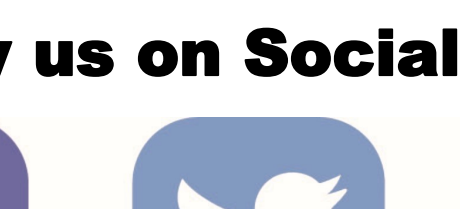
We are awaiting communication from the OMHA/OWHA regarding coach qualifications for the 2020-2021 season. They are supposed to release an update in the coming weeks about what is needed and how to obtain the necessary courses.

Current coaches should have received an email with details regarding maintaining their current qualifications on March 7 from the OMHA. Those details can be found by [clicking here](#).

If you plan to be on a bench this season, in whatever form that may take, from development to house league or a rep team, you need to register yourself in either the Hockey Canada (Warriors) or RAMP (Blades) online registration systems as you would for your player. Rowan's Law is now being completed online this way and you need to sign the waiver that is a part of the registration.

## Get Involved!

There are lots of ways to get involved with North Durham Minor Hockey from the team level to the board and various committees. If you are interested in helping us, or have an idea that we haven't thought of, please fill out the [Volunteer Form](#) on our website and we will be in touch! If you are interested in being a coach or bench staff in our development or house league, please complete the [Bench Staff application form](#).



## Follow us on Social Media!

